2023-2024 Women's Team Schedule

Team	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Xcel Bronze	OFF	OFF	4:00-6:00	OFF	4:00-6:00	OFF
Xcel Silver	4:00-6:00	4:00-6:00	OFF	4:00-6:00	OFF	OFF
Xcel Gold	6:00-8:30	6:00-8:30	OFF	6:00-8:30	OFF	OFF
Xcel Plat/Diam	6:00-8:30	OFF	6:00-8:30	OFF	OFF	1:00-3:30
Level 1	OFF	3:30-5:00	OFF	3:30-5:00	OFF	OFF
Level 2	3:30-5:30	OFF	3:30-5:30	OFF	3:30-5:30	OFF
Level 3	3:30-6:00	3:30-6:00	3:30-6:00	3:30-6:00	OFF	OFF
Level 4	3:30-6:30	3:30-6:30	3:30-6:30	3:30-6:30	3:30-6:30	OFF
Level 5,6,7	3:30-6:30	3:30-6:30	3:30-6:30	3:30-6:30	3:30-6:30	11:30-2:30
Level 8,9,10	5:00-9:00	5:00-9:00	5:00-9:00	5:00-9:00	5:00-9:00	9:00-12:00